



cap600

London
City Dental

Rejuvenate the skin around your smile with Restylane

Dr. George A. R. Druttman, Cap600 London City Dental

A natural soft tissue filler like Restylane that is biologically safe can achieve encouraging rejuvenating results for facial skin. Dentists' skills make them very suitable to apply this filler.

For this reason, a growing number of cosmetic dentists are extending their aesthetic services to enhance the lips and facial areas around the teeth.



Before



After

Looking younger for longer

Our culture applauds good appearance and the preservation of youthfulness, even in advancing years. As we live longer lives, we also understand that looking healthy and fresh boosts our self-esteem and confidence. Much can be achieved by rejuvenating the teeth and the smile. But a 'younger' smile may look out of place unless other parts of the face are given attention as well.

The lips

Lips, especially in women, are extremely expressive and highly noticed. But ageing can make the lips thinner and even give them vertical creases (especially for long-term smokers). Simple techniques now exist to reshape, redefine and fill them out. The 'cupid bow' shape with its pouty look, for example, is an obvious sign of youth and attractiveness.

The facial skin

As skin loses moisture and elasticity with ageing, it gains wrinkles and folds. This is especially true in the lower face, where lines can extend from the nose to the lips. Sometimes these lines have the effect of making the mouth look sad or depressed. Then there are the lines around the eyes and the furrows of the brow.

Corrective treatment approaches

Partial or full face-lift

This is quite a drastic form of treatment involving surgery and considerable cost. It is performed in hospitals or special clinics.

Non-surgical treatments

These are quick, safe, inexpensive and reversible treatments undertaken in a regular clinic environment. Such treatments include:

- *Skin Peeling* – Simply resurfaces the texture of the skin.
- *Botox Cosmetic* – Relaxes the muscles that cause skin to crease. Particularly successful in preventing brow muscles from forming deep lines and creases.
- *Collagen Injections* – Used to fill in creases, wrinkles, and depressions in facial skin, or to create plumper cheeks or lips.
- **Restylane** – This soft tissue filler, comprising non-animal, stabilized, hyaluronic acid, is compatible with natural skin tissue. Restylane is the synthetic equivalent of natural hyaluronic acid, which binds and retains water, adds bulk and contributes to elasticity.

● How does Restylane help?

As hyaluronic acid, Restylane binds the water under the skin surface for a period of time and so add 'bulk'. It fills creases and lines, flattens out folds and gives the skin a smoother appearance.

For lips, Restylane can:

Define the outline – accentuate the border between the darker lip colour and the lighter skin colour.

Change the shape – increase the 'pout', enhancing or even providing the 'cupid bow' shape.

Add bulk – fill out the upper and/or lower lip.

Eliminate creases – smoothes out the small vertical creases within the lips (e.g. 'smoker's lines').

● Who administers Restylane and how?

Trained dentists are now administering Restylane - particularly in the lips and the lower facial areas that require a dental anaesthetic first. They are experienced in handling the very short, ultra-thin needle that injects Restylane in small amounts just under the skin surface or lip area to be 'filled'.

Dentists can be counted on to administer Restylane gently and with a steady hand, since they give injections every day. Additionally, they are sensitive to aesthetics, so they can easily visualise how the lips or other areas will look after treatment. Finally, most dentists are very aware of the pain factor and do their utmost to reduce or eliminate pain from a procedure.

● Restylane benefits

Fast procedure – the procedure is quick, and ranges from 'painless' to 'uncomfortable'. Results are instantaneous.

Non-allergenic – it is a non-animal product (unlike 'Collagen'), so there is no risk of attracting an allergic reaction or transmitting a disease. No allergy pre-testing is needed.

Biologically safe – the material is natural and biologically compatible with all skin tissues, which allows it to be naturally resorbed by the body. It is not an implant.

Easily repeatable – for greater 'effect', the treated area can be easily 'topped up' after a week or two.

● Are there after-effects with Restylane?

Some swelling, redness and slight itching may be experienced at the injection site for a few days. With very sensitive people this may last a week or two. A common reaction for lip treatment is excessive swelling. This is quite painless and calms down after one or two days.

Occasionally the injected area, particularly under the skin, can feel a little lumpy. This reduces as the material dissipates over a few days.

● What is the Restylane procedure and cost at Cap600?

We start with a preliminary consultation, which is mandatory. It can be included during a course of dental treatment or even a routine dental check up. We then schedule a half hour treatment session. We give the patient a dental anaesthetic and after a few minutes we can already inject the Restylane. In the case of lip treatment, we advise patients to schedule a time when they can avoid important professional or social engagements for a few days. So Thursdays and Fridays are popular days.

The treatment cost depends on how many Restylane cartridges are used. It typically falls in the £300-£500 range.

123 Cannon Street,
London EC4N 5AX

Tel. 020 7621 0600
Fax. 020 7621 0030
dental@cap600.com

www.cap600.com